



Cross Country - 2013

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Cascade Collegiate Conference Cross Country Notes

LA GRANDE, Ore. - After a few weeks of racing, the majority of the Cascade Conference will see each other, as well as the course for the 2013 CCC Championships, this weekend at the CCC Preview Meet in Caldwell, Idaho.

Among the top cross country conference in the country, the Cascade Conference has six teams acknowledges in the NAIA Men's Top 25 and four in the NAIA Women's Top 25.

Upcoming Schedule

Saturday, September 21

Cascade Conference Preview Meet at Caldwell, Idaho

CCC Men in NAIA Top 25

Following is the weekly look at CCC teams listed in the NAIA Top 25 poll (preseason poll listed first, followed by the 7 regular season polls). Visit www.naia.org for complete polls.

	A28	S18	S25	O2	O9	O16	O23	O30	N10	N28
TM	Pre	#1	#2	#3	#4	#5	#6	#7	FIN	POST
CI	RV	RV								
CU	11	RV								
CRB	-	-								
EOU	13	13								
ESC	-	-								
NU	-	-								
NCU	RV	22								
OIT	19	15								
SOU	2	2								
WPC	-	-								



RED LION
HOTELS

Red Lion Runners of the Week

Red Lion is the official hospitality sponsor of the CCC

Date	Men (School)
Sep. 9	Paul Adams (OIT)
Sep. 16	Eric Ghelfi (SOU)

Women (School)
Hillary Holt (CI)
Aspen Abbott (SOU)

CCC Women in NAIA Top 25

Following is the weekly look at CCC teams listed in the NAIA Top 25 poll (preseason poll listed first, followed by the 7 regular season polls). Visit www.naia.org for complete polls.

	A28	S18	S25	O2	O9	O16	O23	O30	N10	N28
TM	Pre	#1	#2	#3	#4	#5	#6	#7	FIN	POST
CI	2	2								
CU	20	RV								
CRB	-	-								
EOU	RV	-								
ESC	-	-								
NU	-	-								
NCU	13	11								
OIT	-	-								
SOU	16	20								
WPC	-	-								

